



HONDURAS TRIP PREPARATION PACKET

**“And now these three remain: faith, hope and love. But the greatest of these is love.”
I Corinthians 13:13**

Our Mission

In Paul's first letter to the church at Corinth he wrote that at the end of the day, when it's all said and done there are just three things that really matter...faith, hope and love. At IC13 our mission is to share our faith, give people hope and love them as God loves us. We achieve this by providing clean water, sanitation, housing, feeding, clothing, micro enterprise, medical care, education and evangelism.

Trip Schedule

- Work Days: 7:30 Prayer and Breakfast, 8:30 Leave for work site, Lunch on site, 6:00 Dinner, 7:30 Devotion/Team Meeting
- Sunday: 7:30 Breakfast, 8:30 Prayer & leave for church, lunch, 6:00 Dinner, 7:30 Devotion/Team Meeting

Honduran Culture

The more you can learn about the country you will be serving in during this mission trip, the better prepared you will be to be an effective servant.

TOUCH:

It is always appropriate to shake someone's hand. Let them initiate when it comes to hugs- depending on the person, there are various preferences.

TALK:

When driving or visiting an area, it is best to look but not to point. This looks like you are putting down others.

If you find yourself in a situation which seems uncomfortable, try not to yell, scream, or make negative remarks. You never know, by the tone of your voice, what people understand. Whispering to one another and swearing are inappropriate and offensive.

FOOD:

If you are offered food by the people you are helping, it would be considered rude to refuse to eat, however use good judgment and ask your leader, whether it is safe to eat.

INNOCULATIONS:

Make sure your tetanus is up to date. We also recommend Hepatitis but encourage you to consult with your personal physician for advice.

GIVING:

In most cases, it is understood that when someone receives a gift, he/she will share it with everyone. Therefore, if you give a gift to one person it is only polite to give a gift to everyone else too.

We do not encourage individuals on our trips to give money to the people that we are serving. If you encounter a person in need, you need to discuss it with your group leader before acting.

RELATIONSHIPS:

The Honduran people value family and relationships over things. What is important is to develop relationships with people. It is good to build things and fix things, but for a relationship to develop, it is more important that they can get to know you. Therefore, loving people as brothers and sisters is the greatest ministry you can give. The manual labor and games are only ways to get to know people. Try to get to know the people. The friends in your group will travel back home with you, and you'll have free time to be with them. Remember, you came to serve Jesus, and you serve Jesus by being with the people, along with serving your friends.

Use whatever Spanish you know, no matter how basic. This makes the people feel you care enough about them to learn a few words in their language. This is also the only way to learn it.

Family loyalty is usually the strongest bond. Many Hondurans do not reveal their true selves outside of their family. The Honduran people are very hospitable.

Facts about Honduras:



Honduras is the 2nd largest of the Central American countries, bordered on the north by the Caribbean Sea, on the east and south by Nicaragua, on the southwest by El Salvador and the Pacific Ocean, and on the west by Guatemala. Tegucigalpa is the capital and chief commercial center.

BACKGROUND:

Once part of Spain's vast empire in the New World, Honduras became an independent nation in 1821. After two and a half decades of mostly military rule, a freely elected civilian government came to power in 1982. The country was devastated by Hurricane Mitch in 1998, which killed about 5,600 people and caused approx. \$2 billion in damage. Since then, the economy has slowly rebounded.

ETHNIC GROUPS, LANGUAGES, AND RELIGIONS:

- mestizo(mixed Amerindian/European)90%, Amerindian 7%, black 2%, white 1%
- Spanish (official) Amerindian dialects
- Roman Catholic 97%, Protestant 3%

DEMOGRAPHICS:

Honduras is one of the poorest countries in Latin America and has the world's highest murder rate, related to gang violence and illegal drug trade. More than half of the population lives in poverty and per capita income is one of the lowest in the region. A key factor to slowing the poverty cycle is education.

ECONOMY:

Honduras, the second poorest country in Central America, suffers from extraordinarily unequal distribution of income, as well as high underemployment. While historically dependent on the export of bananas and coffee, Honduras has diversified its export base.

Contact Info

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Website/Blog

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SPANISH VOCABULARY

HELPFUL EXPRESSIONS:

Hello.....	¡Hola! (oh-lah)
My name is.....	Me llamo _____ - (may yah-moh _____)
What's your name?.....	¿Cómo se llama? (ko-moh say yah-mah)
Good morning.....	¡Buenos días! (bway-nohs dee-ahs)
Good afternoon.....	¡Buenas tardes! (bway-nahs tar-days)
Good evening.....	¡Buenas noches! (bway-nahs no-ches)
Sit down.....	¡Siéntense todos! (seeain-than-say toe-doz)
Come here!.....	¡Vengan aquí! (bayn-gahn ah-key!)
God bless you.....	Dios le bendiga (deeohs lay bayn-dee-gah)
Goodbye!.....	¡Adiós! (ah-dee-ohs)
Attention please.....	Atención por favor (ah-tayn-seeohn por fah-vor)
Thank You.....	¡Gracias! (grah-see-ahs)
You're welcome.....	De nada (day-nod-a)
See you later / until we meet again	¡Hasta luego! (ah-stah luh ego)
Please.....	¡Por favor! (por fah-vor)
Do you speak English?.....	¿Habla inglés? (ah-blah een-glais)
I really like it here in Honduras.	Me gusta Honduras (may goo-stah on-dur-as)
Where is the Bathroom?.....	¿Dónde está el baño? (donde esta el ban-yo)
Do you want to _____?.....	¿Te quieres _____? (tay key-air-es)

FAMILY TIES:

Family	la familia	Mother	la madre / la mamá
Grandfather	el abuelo	Grandson	el nieto
Grandmother	la abuela	Granddaughter	la nieta
Grandparents	los abuelos	Father	el padre / el papá
Last name	el apellido	Parents	los padres
First name	el nombre	Cousin	primo (m);prima (f)
Husband	el esposo / el marido	Nephew	el sobrino
Wife	la esposa	Niece	la sobrina
Brother	el hermano	Boy child	el niño
Sister	la hermana	Girl child	la niña
Son	el hijo	Uncle	el tío
Daughter	la hija	Aunt	la tía
Children	los hijos		

TOOLS OF THE TRADE:

Ax	el hacha	Ceiling	el techo
Bricks	los ladrillos	Crate	el cajón de embalaje
Broom	la escoba	Door	la puerta
Building	el edificio	Drill	el taladro eléctrico
Carpenter	el carpintero	Electricity	la electricidad

Engine	el motor	Saw	la sierra
Floor	el piso	Screw	el tornillo
Ground	el suelo	Screwdriver	el destornillador
Hammer	el martillo	Shovel	la pala
Hose	la manguera	Tape Measure	la cinta métrica
Ladder	la escalera	Toolbox	la caja de herramientas
Lock	la cerradura	Tractor	el tractor
Nails	los clavos	Truck	el camión
Pail	la cubeta	Van	la camioneta
Paint	la pintura	Wall	la pared
Rock	la piedra	Wrench	la llave
Roof	el tejado		
Sand	la arena		

VERBS:

Build	construir	Paint	pintar
Carry	cargar / llevar	Play	jugar
Close	cerrar	Pull	tirar de
Dig	cavar	Push	empujar
Drip	gotear	Rest	descansar
Fix	arreglar	Saw	serrar
Lift	levantar	Spread	esparcir
Mix	mezclar	Sweep	barrer
Nail	clavar	Wash	lavar
Need	necesitar	Work	trabajar
Open	abrir		

Yo tengo... (From the verb tener which means to have) In Spanish, we say I have hunger / thirst / sleep / fear, etc. instead of I am.

Heat	calor	Fear	miedo
Hunger	hambre	Sleep	sueño
Cold	frío	I am 15 years old	Yo tengo 15 años
Thirst	sed		